

Counseling Newsletter

JANUARY 2026

Upcoming:

1/23

Be Nice Spirit Day

1/24

Mental Health Awareness Hockey Game @ 3:00

1/27

Flex - West Michigan Construction Institute Presentation

2/4 & 2/5

KCTC Open House (flyer attached)

2/5

Flex - KCTC Presentation for 9th Graders

West MI Health Careers

Pipeline Program:

Attention 9th, 10th and 11th Grade Students (12 grade as space allows):

Are you a curious about careers in health care? Join this free program designed to introduce you to the exciting world of health professions—from quick-start certificates to advanced medical degree paths. Meet current local health care professionals, participate with hands-on interactive activities, be mentored by college students in health programs, and explore how to start your journey in health care.

This program begins at the end of January and runs for 9 weeks. There are both in person and hybrid options available.

More details and application information can be found on the attached flyer.

Mary Free Bed Career Seminar:

This seminar is a great opportunity to learn more about health careers offered at Mary Free Bed Rehabilitation Hospital.

Careers spotlighted include:

Speech/Language Pathology

Orthotics and Prosthetics

Occupational Therapy

Physical Therapy

And more!

For upcoming dates and more information, see the attached flyer.

Resources for Students & Caregivers:

- Suicide Prevention Guide for Caregivers and Communities
- 10 Cool Ways to Beat the Winter Blues
- If you're interested in calculating your GPA, check out this GPA calculator!
- Senior Scholarship Spreadsheet
- Scheduling for the 2026-2027 school year is just around the corner! In February the counseling team will be presenting a video with information about the scheduling process and counselors will be available for meetings during Flex. Resources for scheduling can be found on our website.

From the Kent ISD:

Career Chats: The Kent ISD offers a weekly series of 30-minute live, virtual career conversations that will highlight professions in a variety of career pathways, giving students the opportunity to learn more about a career of interest, or to explore new options. Professionals will share their own career path, along with valuable industry insights. Students can ask their own questions!

All Career Chats are virtual from 3:30-4:00pm

See the full schedule and register [here](#).

Workforce Development Calendar: In addition to Career Chats, the ISD also has a variety of workforce development opportunities. [This](#) website is always updated with the current and upcoming events!

Testing Corner:

Here is some important information as we prepare for the state testing season!

- The PSAT (9th/10th) and SAT (11th) will occur on Wednesday, April 15th. Additional information regarding the schedule for this day is coming soon!
- AP Exams will run from May 4th- 15th. The specific date and time of each exam will be communicated by the AP teacher.
- In order to take AP Language in 11th grade, Byron Center reviews PSAT 9 scores. As your 9th grader prepares for the spring test, it's helpful to know students will need an ERW score of 490 or higher.
- Here is the exact wording for the AP Language course from the [Byron Center High School Curriculum Guide](#): PREREQUISITE: PSAT 9 ERW Score 490+, success in SS and ELA courses, and Department Approval. Summer reading & assignment is mandatory. If your child does not meet the AP Language prerequisites, they can take English 11 and enroll in AP Language senior year.
- More scheduling information can be found on our [website](#).

Emergency Mental Health Resources:

Suicide hotline: 9-8-8 (free, anonymous, available 24/7)

Trevor Project 1-866-488-7386 (call, text or online chat)

Network 180- (616) 336-3765 The Access Center remains open 24/7

Text "nice" to 741741

[Mental Health Resource Guide](#)


WEST MICHIGAN HEALTH CAREERS PIPELINE PROGRAM





2026

ATTENTION 9th, 10th and 11th Grade Students (12th grade as space allows):


Are you curious about careers in health care? Join this free program designed to introduce you to the exciting world of health professions—from quick-start certificates to advanced medical degree paths. Meet current local health care professionals, participate with hands-on interactive activities, be mentored by college students in health programs, and explore how to start your journey in health care.

 Hybrid Format: 5 In-person and 3 Virtual sessions (Via Zoom)

Onsite Location: Secchia Center

  MSU Medical College - GR Campus

When: Mondays, 5:30–7:00 PM

 Duration: 9 Weeks, January 26 - March 23, 2026

(Program pause March 2 for MSU Spring Break)



Complete your
application by using the link:
<https://forms.office.com/r/sdYdpuaJL3>

or scan the QR Code:



College of Human Medicine
MICHIGAN STATE UNIVERSITY



WESTERN REGIONAL COMMUNITY CONSORTIUM
MICHIGAN AREA HEALTH EDUCATION CENTER

Questions, contact:

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Mary Free Bed[®]
Rehabilitation

Interested in a Career in Health Care?

This is a great opportunity to learn more about health careers offered at Mary Free Bed Rehabilitation Hospital.

WHEN
Wednesday Sept. 24th, 2025 6:00 - 7:30pm

Tuesday Nov. 18th, 2025 4:00 - 5:30 pm

Tuesday Feb. 24th, 2026 6:00 - 7:30 pm

Monday May 18th, 2026 4:00 pm - 5:30 pm

WHERE

Mary Free Bed Professional
Building Meijer Conference Center
350 Lafayette Ave. SE Grand Rapids,
MI 49503

TOPICS MAY INCLUDE:

- Speech Language Pathology
- Physical Therapy
- Orthotics and Prosthetics
- Recreational
- Occupational Therapy
- Therapy Nursing

A representative from different disciplines will

present

for 15 minutes on education, salary, field outlook, typical day in the life and more. Bring your

questions!



Pursue your Passion

at Kent Career Tech Center

JOIN US FOR OUR

open house

February 4 & 5, 5-7 PM

Learn about our exciting, hands-on programs and see our state-of-the-art labs on one or both nights!

thetechcenter.org | 1655 East Beltline NE, Grand Rapids

