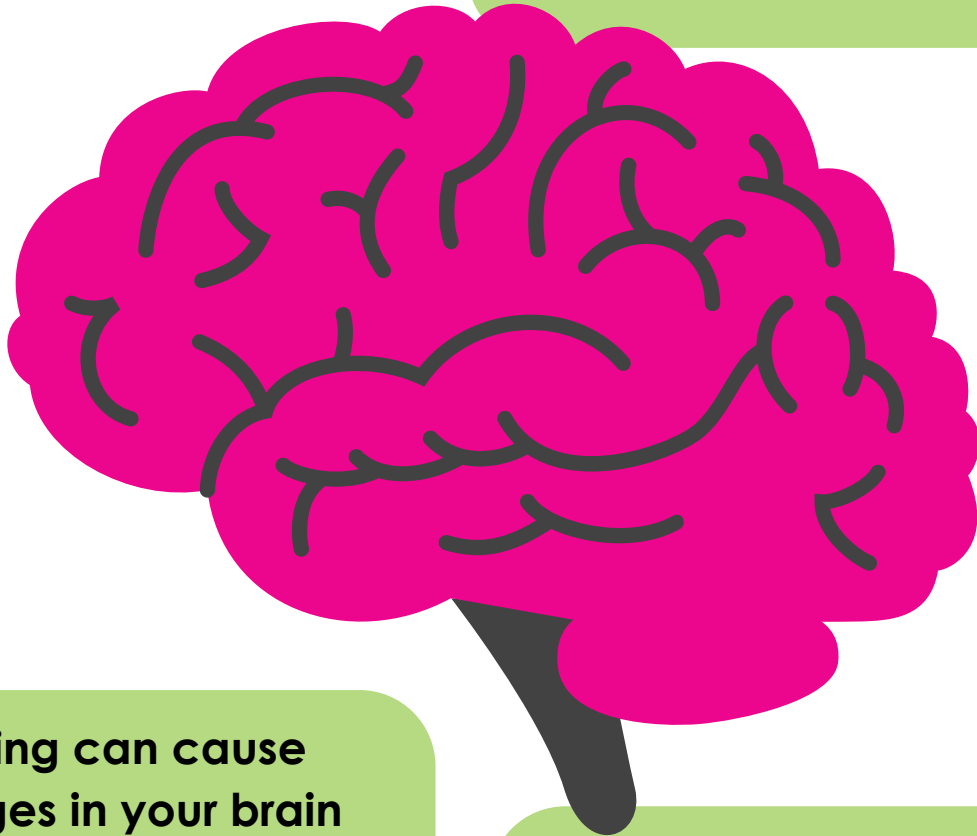


# Vaping Affects Your Mental Health

---

Vaping can make you more sensitive to stress

Vaping regularly can make it harder to concentrate, remember, and make decisions



Vaping can cause changes in your brain chemistry which can create cravings to vape more

Vaping can worsen symptoms of depression and anxiety in the long-run